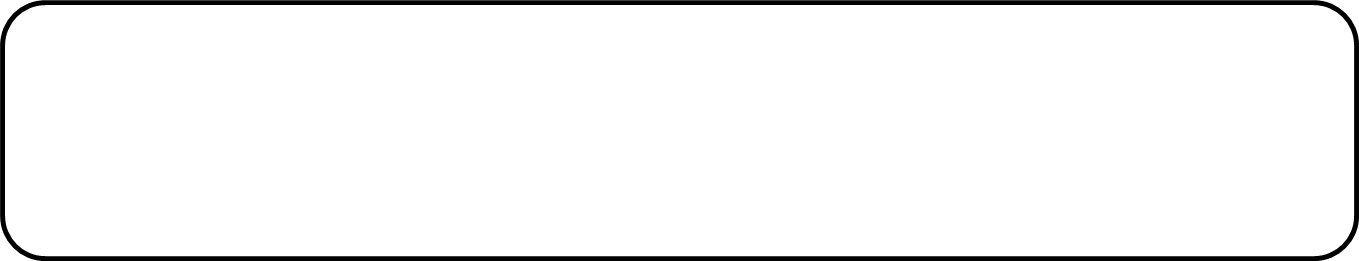
おもちゃ, 帽子, 挿絵 が含まれている画像

自動的に生成された説明ロゴ が含まれている画像

自動的に生成された説明テキスト

低い精度で自動的に生成された説明

**Population of HIRO at the end of June （in comparison to May）**

**Total 42,899 (+21) M E N 20,778 (+ 9)**

**WOMEN 22,121 (+12)**

On your birthday, even the simplest meal is enough. After all, this is the day that caused your mother the most pain. 　　　　　  
　If you are satisfied with 90%, know that seeking 100% will lead to downfall. ***Mitsukuni Tokugawa***

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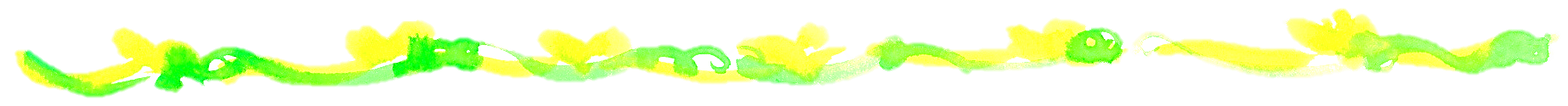
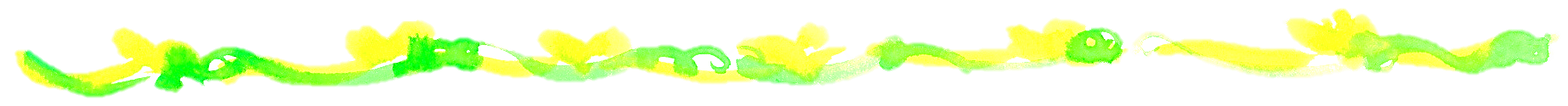
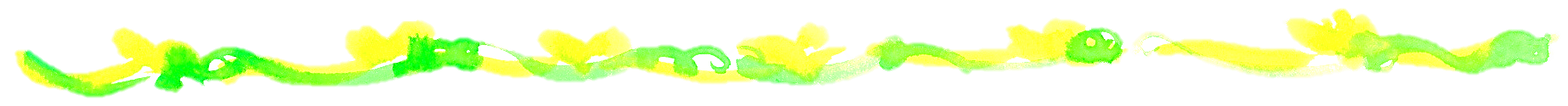


**September**

The story of "Respect for the Aged Day" & "Yoro Falls"

**Announcement from Elderly Support Section**

**Information from Hiro C.D.C.**



Participant Recruitment! "Starting Now, Preventive Care! Healthy Salon" This gathering space (salon) aims to prevent social isolation and includes activities such as recreation (singing, brain exercises). Eligible Applicant: Residents of Kure aged 65 and above Note: Participation may be restricted based on health conditions for safety considerations. Fee: Approximately 100 yen per session, plus actual costs depending on activities 　　　○Tuesday Course 　Capacity: 25 participants 　　　  
 Dates: Oct. 15th to Mar. 25th   
 Time: Every Tue., 9:30 AM to 12:00 PM (18 sessions)   
 Location: *Hiro* Community Development Center, 6F602 ○Wednesday Course Capacity: 35 participants   
 Dates: Oct. 16th to Mar. 19th   
 Time: Every Wed., 1:30 PM to 4:00 PM (18 sessions)   
 Location: *Hiro* Community Development Center, 7F702 Application: Apply in person from Fri. Aug. 9th to Mon. Sep. 2nd at your local civic center, Elderly Support Division, or any elderly consultation office (Regional Comprehensive Support Center) in *Kure* City. Note: An application form must be filled out. ***Applications by phone are not accepted***. If applica- tions exceed capacity, participants will be selected. Inquiries: Elderly Support Division, Tel: 25-3149

"Body Wellness Class" (at East Health Center)

1. **Strive for Beautiful Handwriting! Brush Pen**

***Registration starts on Sep. 20th (Fri)***

While the lingering summer heat continues, the signs of autumn approach as we move into September. This month, we observe Respect for the Aged Day, but did you know that "Respect for the Aged Day" and "Elderly Day" are different? Respect for the Aged Day is a Japanese national holiday dedicated to showing respect for the elderly, celebrated on the third Monday of September due to the introduction of the "Happy Monday System." On the other hand, Elderly Day is a commemorative day established by the Elderly Welfare Law to raise awareness about the elderly, observed annually on September 15. But why was September 15 chosen? *The Prince Shotoku Theory* One theory traces back to   
 Prince Shotoku, who was a regent during the reign of   
 Empress Suiko, Japan's 33rd emperor, in 593. Prince   
 Shotoku founded Shitenno-ji Temple in present-day   
 Osaka, establishing four institutions, including Hiden-in,   
 which was built for the elderly, the sick, and the destitute. Hiden-in is notably referenced in the ongoing Taiga drama "Hikaru Kimi e," specifically in episode 16, where Michinaga visits the afflicted populace, vividly recalling when he shouted, "Come back, Mahiro," as Mahiro lay collapsed. The Yoro Falls Theory Another theory involves Empress Gensho, the 44th emperor   
 known for her compassion, who visited Yoro Falls in   
 present-day Gifu Prefecture on September 15, 717. According to   
 the Yoro Falls legend, a dutiful young man lived in Yoro   
 Province (now Yoro Town, Gifu Prefecture), known for his   
 filial piety. Each day, he would collect firewood in the   
 mountains to support his aging father. One day, when feeling   
 thirsty, he drank from the falls, only to find the water had turned into sake. Astonished, he brought the sake home to his father, who regained his vitality upon drinking it. When Empress Gensho heard of this miraculous event, she visited the site to confirm it. She realized that the gods were moved by the young man's filial piety. The Empress greatly praised this event, named the area "Yoro," and ordered the   
 beautification and protection of the falls to spread the spirit   
 of filial piety. Timeless Lessons from the Yoro Falls   
 Legend The Yoro Falls legend imparts the timeless l  
 esson of filial piety, transcending eras to remind us of   
 the importance of honoring our elders. As we   
 approach September 15, let us keep this legend in our hearts and embrace the spirit of filial devotion it teaches.   
 ***Director Hosokawa***

挿絵, 時計 が含まれている画像

自動的に生成された説明

Target: Adults 18 and older 　　　　　　　　　　　 (must be able to attend both days) Date & Time: October 22nd (Tue) & 29th (Tue),　　　　　　　   
　　　　　　　10 AM to midday Location: *Hiro* Civic Center 6F Fee: ¥1,300 Capacity: 15 participants (first-come, first-served)

**～Write Gift Envelopes & Seasonal Greetings with A Brush Pen～**



帽子をかぶっている人の絵

低い精度で自動的に生成された説明

②*Temple School: Course for Human Studies*

人形, 時計 が含まれている画像

自動的に生成された説明

Target participants: Elementary school pupils and above 　　　　Date & Time: Oct 20, Dec 22, Jan 19, Feb 16, March 16   
 (5 sessions are on Sundays) 1 PM to 3 PM Location: Hiro Civic Center 7F Fee: \2,000 Capacity: 15 participants (first-come-first-served)

白いバックグラウンドの前に座っている人形

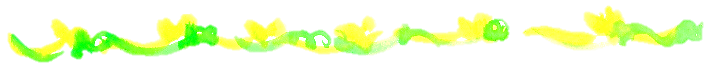
低い精度で自動的に生成された説明時計 が含まれている画像

自動的に生成された説明



**How about Walking with us?**

おもちゃ, 人形, 時計, 部屋 が含まれている画像

自動的に生成された説明

***Event Details***　　　　　　　　　　　　　 　　　　Date: Tuesday, September 17th, 2024　　　　　　　　Meeting Place: *Hiro* Civic Center　　　　　　　　　　　　Meeting Time: 9:00 AM　　　　　　　　　　　　　　　　*Course:*

*Hiro* Civic Center👉*Hiro*-Ohashi Bridge👉*Yasumiyama* Tunnel👉*Kuramoto-Dori* Ave.👉JR *Kure* Station

Please note that the event may be canceled or the course may change due to weather or other circumstances.　　Inquiries: 👉 Hori: **080-1919-6088**　 Please sign up at the reception desk for recreation insurance



**Introduction to Smartphone Class for Seniors**

Beginners Welcome! Enjoy learning the basics of smartphones. Learn about useful communication apps and hazard maps Eligible Applicant: Residents of Kure aged 65 and above Capacity: 15 participants Date and Time: Wed. Sep. 25th, 1 PM to 3:30 PM ***Registration by Phone Start from Tue., Aug. 20th***

Yasumiyama Tunnel Walk 7㎞



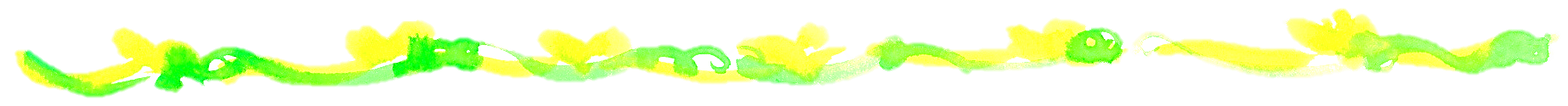
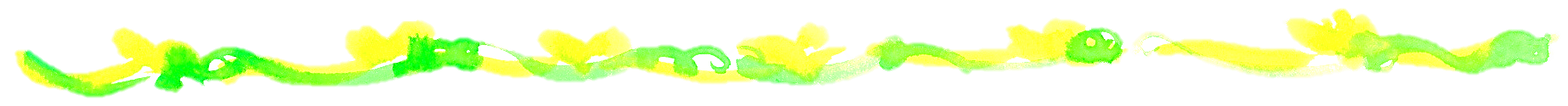
抽象, 挿絵 が含まれている画像

自動的に生成された説明

白いバックグラウンドの前に座っている人形

低い精度で自動的に生成された説明

花 が含まれている画像

自動的に生成された説明

**Announcement from Hiro Collaboration Center**

***"Want to get more involved in the community?" 　  
"　“Have ideas but don't know where to start? "***Why not talk about what’s on your mind? You 　　　might find some hints just by discussing it. Join our relaxed roundtable discussion. Feel free to participate! Date and Time: Fri., Sep. 27th, 10:00 AM - 11:30 AM You can join or leave anytime during the session. Venue: *Hiro* Collaboration Center (4F *Hiro* Civic Center) Eligibility: Residents of *Kure* City Participation Fee: Free Registration: Not required Inquiries: *Kure* Collaboration Center Working Hours: Tue-Sat: 9:00 AM - 8:00 PM   
 Sun & Holidays: 9:00 AM - 5:00 PM Closed on Mondays (if Monday is a holiday, closed the following day) Phone: 25-5602

**⑦Green Frame Made with Artificial Flowers**

**Introduction of Regular Short Courses of Hiro C.D.C.**

65th Hiro Townspeople Softball Tournament

**Information from HIRO Sports Association**

テーブルの上の花瓶に入った植物

自動的に生成された説明おもちゃ, 人形, ケーキ, 誕生日 が含まれている画像

自動的に生成された説明

Date & Time: Sunday, October 6th, 2024, from 8:30 AM Location: *Nijimura* Park Multipurpose Plaza (E, F, G, H). Eligibility: Open to both male and female residents of the Hiro District, organized by each neighborhood association. Each neighborhood association can form one team. However, neighborhood associations with 300 households or fewer 　can merge and form a team with another neighborhood association of the same size. \*No participation allowed for high school students and below, except for evening school students (18 years old and above). Rules: The tournament will be conducted according to the 　2024 Japan Softball Association rules and the Hiro District Sports Association regulations, following the double-base rule. Participation fee: \2,500/team (to be paid upon application). \*No refunds for cancellations. Application: Please submit the application form between Wed. Sep. 18th ~ Wed. Sep. 25th with the seal of the person in charge and submit it to the secretariat by 5 PM each day. Submission Address: 👉 *Hiro* Sports Association Office   
　　　　　　　　　　　*Hiro* C. D. C. 5F, ☎ 71-2151 Supervisory Meeting: Wed Oct. 2nd from 6:30 PM.   
 👉 Room 501, 5th floor of the *Hiro* C. D. C. Be on time!

For this visit, I wanted to create a stylish green wall hanging like those you see in trendy cafes. I reached out to Miu Ishikawa, a familiar instructor at the Hiro Community Center, to lead a workshop, and I joined in. Though artificial flowers might sound unfamiliar, they are crafted to realistically   
 replicate fresh flowers and express a   
 beauty that real flowers don't have.   
 These artificial flowers retain their   
 beauty indefinitely as long as they're not exposed to direct sunlight.   
 The materials prepared for this session included various green plants, such as succulents, and frames available in several colors. Ishikawa-sensei advised us to consider the color of our home's walls when making our choices. She also suggested adding accent colors like pink or burgundy to the green   
 plants to make them appear   
 brighter and cuter, and   
 explained how adding shades   
 of green can also look beautiful. Her instructions were clear and meticulous, making the experience enjoyable for everyone. All participants were able to create wonderful pieces.   
 How about dedicating   
 some time to focus on a   
 creative project like this   
 once in a while? I'm even considering trying it out at home!

電話, 持つ, 男, 選手 が含まれている画像

自動的に生成された説明

テーブルを囲む人々

中程度の精度で自動的に生成された説明テーブルを囲む人々

中程度の精度で自動的に生成された説明

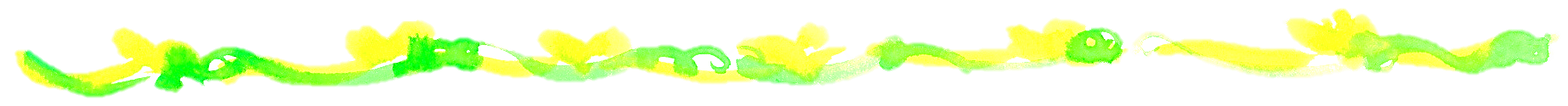


人, 少年, 若い, テーブル が含まれている画像

自動的に生成された説明



白いバックグラウンドの前に座っている人形

中程度の精度で自動的に生成された説明

**Information from Hiro Library**

Library Hours: 9:30 AM - 8:00 PM Closed: Thursdays and Public Holidays　 Sept. Closures: 5th, 12th, 16th, 19th, 22nd *Special Closure for Inventory*  *Kure* City Libraries will be closed for inventory from Thu. Sep. 26th to Thu. Oct. 3rd. During this period, please use the Return Box located at the entrance of the *Hiro* Civic Center for book returns. Please refrain from returning large picture books in the return box. We apologize for the inconvenience and appreciate your understanding. Note: There will be no Picture Book Reading Sessions in September. *Hiro* Library Contact: ☎71-7470

屋内, 窓, テーブル, 人 が含まれている画像

自動的に生成された説明

Results of Prefectural Open Table Tennis Tournament

人形, 挿絵 が含まれている画像

自動的に生成された説明

Date & Time: Monday, July 15th, 2024 10:00 AM Location: *Shishinyo* Oak Arena, Main Arena Organizer: *Hiro* Sports Association & *Hiro*   
 Community Development Promotion Council Supported by: *Kure* City *\*86participants*

Number of Participants: 65 Students, 21 General Public (Total 86 participants) 　　　　　 　 　　　　　　　　 　

In September, we observe one of the five seasonal festivals, "***Chōyō no Sekku***" (9/9). According to ancient Chinese ***yin-yang*** philosophy, odd numbers are considered yang, with "nine" being the highest ***yang(lucky)*** number. On the old lunar calendar, September 9th, when ***yang*** doubles, is known as "***Chōyō*** (2 lucky number)." It is an auspicious day for rituals and events wishing for longevity and good health.　　　　　　　　  
　Chrysanthemums, symbols of longevity, lend the festival its other name, the "Chrysanthemum Festival." Traditionally, people drink ***sake*** with chrysanthemum petals, wipe their faces and bodies with cloths covered in chrysanthemum flowers to ward off evil, and eat chestnut rice for its nourishing properties. Why not try some of these traditions yourself? Sep. 9th on the lunar calendar falls on Oct. 11th (Friday/Taian). The remaining four of the Five Seasonal Festivals are Jan. 7th (Seven Herbs Porridge), Mar. 3rd (*Hinamatsuri*), May 5th (*Kodomonohi*), and July 7th (*Tanabata* Festival). All of these dates are odd-numbered, which makes sense.

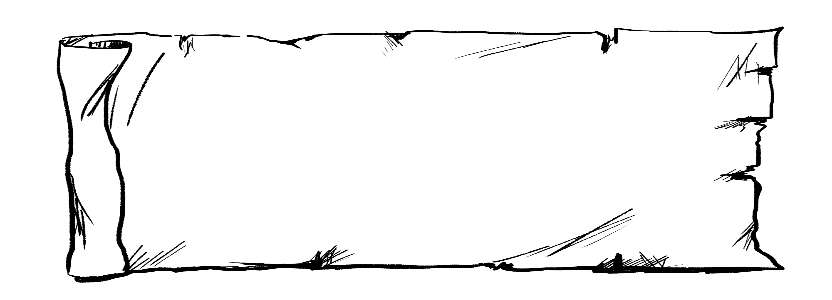
【Girls Under J. H. S.】 1st ***Kaho Kinoshita*** (Hiro Table Tennis) 2nd ***Yua Masakawa*** (Hiro Table Tennis) 3rd ***Nana Takeda*** (Kuimoto Club) 【Women's Open Division】 1st ***Ayaka Fukuda*** (Wing Kure) 2nd ***Saki Send o*** e) 3rd ***Rea Isomoto***a (Hiro Table Tennis) 【Women's Over 60 Division】 1st ***Hisako Nishi*** (Sukoyaka Table Tennis) 2nd ***Akiko Yamaga*** (Hiro Machidukuri C) 3rd ***Eiko Kasamatsu*** (Hiro Machidukuri C)

【Boys Under J. H. S.】 　 1st ***Taketo Nakamura***  (Hiro Table Tennis) 2nd ***Yusuke Iwaishi***  (Hiro Table Tennis) 3rd ***Naosuke Ogawa*** (Hiro Table Tennis) 【Men's Open Division】 1st ***Seiji Yoshikawa*** (Advance) 2nd ***Yuji Okada*** (Nigata Tai-Kyo) 3rd ***Kosei Kusumoto*** (Kure H.S.) 【Men's Over 60 Division】 1st ***Yasunori Yamane*** (Nigata Tai-Kyo) 2nd ***Hiroshi Miyaji*** (Nigata Tai-Kyo) 3rd ***Minoru Okada***

屋内, 人, テーブル, 座る が含まれている画像

自動的に生成された説明

**Editorial Note** ～Choyo no Sekku～

花, 海洋生物, サンゴ が含まれている画像

自動的に生成された説明

**Our office is normally closed on 4th Monday**

花が飾られている

低い精度で自動的に生成された説明

September 👉 Monday 30th

２nd