

Hiro Community Development Center Regular Course List 2025

No.	Classification	Name of the Course	Times	Start time	Capa	Instructor	Fee 1/2 year
1	Child 1 to 3	Kids Dance	2nd & 4th Sat.	10:00~	20	Hatasaka Emi	4,000
2	Junior 4 to 6	Classical Ballet	Tue. 4/month	18:00~	30	Furue Yukie	8,000
3	Adult	Let's start HULA	1st & 3rd Mon.	10:00~	30	Kazue Minami	4,000
4	Adult	Calligraphy Tue. Morning	Tue. 4/month	9:30~	30	Shimizu Kofu	8,000
5	Adult	Calligraphy Tue. Night	Tue. 4/month	18:00~	30	Iwata Sofu	8,000
6	Adult	Calligraphy Thu. Morning	Thu. 4/month	9:30~	30	Matsuoka Enpu	8,000
7	Adult	Tea Ceremony (Urasenke)	1st & 3rd Wed.	9:30~	30	Nakano Sugako	4,000
8	Adult	Japanese Dance (Fujima)	1st & 3rd Wed.	13:00~	30	Fujima Risho	4,000
9	Adult	Oil & Watercolor Painting, Drawing	1st & 3rd Wed.	18:00~	30	Nakashio Mitsuru	4,000
10	Adult	Japanese Painting	1st & 3rd Thu.	13:00~	30	Hirata Shuncho	4,000
11	Adult	Haiku	2nd Thu.	10:00~	20	Ishimoto Yuriko	2,000
12	Adult	Ball•Bell•Belter	Thu. 4/month	9:30~	35	Fujii Miyori	8,000
13	Adult	Taijiquan	Thu. 4/month	13:00~	35	Kurushima Mikio	8,000
14	Adult	Let's study Chinese!	Thu. 4/month	18:00~	18	Aimoto Takashi	8,000
15	Adult	Igo	Thu. 4/month	18:00~	16	Adachi Yoshiki	8,000
16	Adult	Vegetable Sommelier's Cooking	2nd & 4th Fri.	10:00~	24	Okamura Nozomi	4,000
17	Adult	Yoga1	Fri. 4/month	9:00~	35	Tamai Miyuki	8,000
18	Adult	Yoga2	Fri. 4/month	11:00~	35	Tamai Miyuki	8,000
19	Adult	W Stimulation Brain & Soles	Mon. 3/month	10:00~	40	Yabuki Mitsue	6,000
20	Women	Flower Arrangement (Sagagoryu)	1st & 3rd Tue.	9:30~	18	Motonaka Yuho	4,000
21	Women	Table Tennis1	Tue. 4/month	10:00~	20	Omosako Mayumi	8,000
22	Women	Table Tennis2	Tue. 4/month	13:00~	20	Omosako Mayumi	8,000
23	Women	Easy Aerobics	Tue. 4/month	19:00~	40	Shuko Oda	8,000
24	Women	Flower Arrangement (Ikenobo)	2nd & 4th Wed.	9:30~	30	Nakano Sugako	4,000
25	Women	Easy Dress Making	1st & 3rd Thu.	9:30~	16	Hamaguchi Shihomi	4,000
26	Women	Dressing Japanese Kinomo	1st & 3rd Thu.	10:00~	20	Aida Yuko	4,000
27	Women	Chorus	1st & 3rd Thu.	13:30~	30	Takeda Fumiyo	4,000
28	Women	Relaxing Ballet Stretch	1st & 3rd Fri.	14:00~	20	Ebisu Mariko	4,000
29	Elderly Over 60	Silver Lively Gymnastics1	Tue. 4/month	13:30~	50	Watanabe Ayako	8,000
30	Elderly Over 60	Silver Lively Gymnastics2	1st & 3rd Wed.	10:00~	50	Watanabe Ayako	4,000
31	Elderly Over 60	Healthy Gymnastics	Thu. 4/month	10:00~	35	Yabuki Mitsue	8,000